

*5th Annual*  
**running**  
**from**

**CANCER**



*Sunday*  
*July 25th/10*

**WHERE:**

Tecumseh Arena  
12021 McNorton

**TIME:**

Late Registration  
05:30am - 07:45am  
Pre Race Instructions  
06:45am & 07:45am

**Half Marathon**

**07:00am**

**5k & 10k Start**

**08:00am**

**Disney Dash & 1k**

**09:00am**

**Awards**

**09:30**

*Proceeds benefit:*

Windsor & Essex County  
Cancer Centre Foundation  
...supporting our Cancer Centre

 **WINDSOR REGIONAL  
HOSPITAL FOUNDATION**



**[www.runningfromcancer.com](http://www.runningfromcancer.com)**

**For further information contact (519) 735-4742**